



Grocery Delivery Service is a family owned and operated business established in 1984 to provide a much needed service to our community. We are a local grocery

store with a deli and meat department, as well as fresh produce, canned and boxed goods, frozen foods, beverages, and household items. All of our products are available for home delivery throughout all of Western New York. We also offer a laundry service where you can have your laundry picked up, washed and folded, and re-delivered the next day.

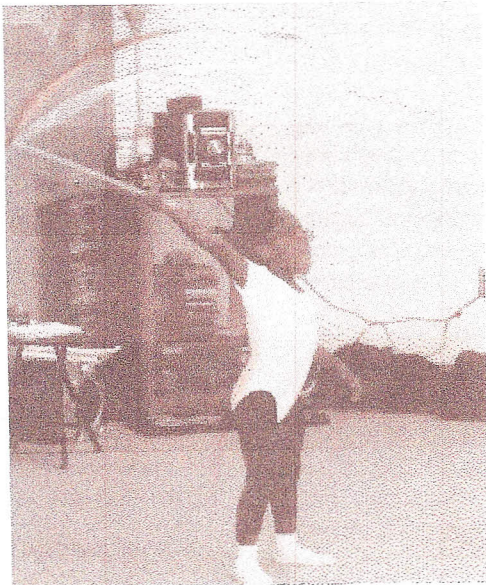
Orders for groceries and laundry can be placed over the phone by calling (716)894-7990, Mon. thru Fri. from 9:00am to 5:00pm. You can also find a catalog of products and place your grocery and laundry orders online at [www.easyfoodandlaundry.com](http://www.easyfoodandlaundry.com). If you have any questions, please contact Tim Wagner at (716)894-7990.

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At the end of the season, *Danceability, Inc.* invites students to participate in the annual performance. Dances are choreographed and costumes are designed and selected for those students who desire to perform. Besides an entertaining experience, dancers show an increased sense of self esteem as they achieve something few people would ever consider; performing in front of an audience. For those that choose not to perform, it is class as usual.

*Danceability, Inc.* will be holding registration for its 6 week Summer Program on Wednesday, June 10<sup>th</sup> from 5pm-8pm and Saturday, June 13<sup>th</sup> from 10am-1pm at the studio. This is a great time for students to try out the program. Registration for the regular season will be held Wednesday, August 19<sup>th</sup> from 5pm-8pm and Saturday, August 22<sup>nd</sup> from 10am-1pm at the studio. The program is also always looking for great volunteers to work one on one with our students. No dance experience is required, but one must be 16 years old. *Danceability, Inc.* is located at 3859 Union Rd, Ste. 400 Cheektowaga, NY 14225 in the Tops/George Urban Plaza. If you have any questions, please feel free to check out our website at [www.danceabilityinc.com](http://www.danceabilityinc.com), email us at [danceability07@chop.com](mailto:danceability07@chop.com) or call us at 716-651-0094.

Amajin Alston



Collen Thurnherr, Sam Ehert & Christine Karg